

## Using the DSM: Diagnostic and Statistical Manual of Mental Disorders

The complete full text of the DSM-5 is available via the CTU library. Use the following steps to get to it:

1. Log in to the Virtual Campus.
2. Click on *Library* in the red toolbar.
3. Click on *Find Articles and eBooks* under e-Resources.
4. Scroll down to the list of databases, and click on the title *DSM*.
5. To access the DSM-5, click on the *Table of Contents*.
6. Click on the blue arrow to open a section.
7. Click on the topic of your choice.
8. Then, choose a subtopic, if applicable.
9. The full text will display on the page.
10. Click the back button on your browser to return to the table of contents.

The top screenshot shows the DSM Library homepage with the 'Table of Contents' link circled in red. The bottom screenshot shows the 'Section II: Diagnostic Criteria and Codes' link circled in red.

You can search using the search box in the purple toolbar at the top right. This will search all of the content, so be sure to limit it to the *DSM Library* in the left column.

The screenshot shows the DSM Library search results page for the query 'depression'. The search box and the 'DSM Library' filter are circled in red. The search results show two articles from April 2006.

PUBLICATION	Count
American Journal Of Psychiatry	21442
Psychiatric Services	6884
Psychiatric News	3156
The Journal Of Neuropsychiatry And Clinical Neurosciences	1879
FOCUS Books	688
FOCUS	439
Patient Education	132
DSM Library	62

Search Results: 1 - 20 of 34684. Sort: Relevancy Date. Filter: DSM Library.

April, 01 2006  
**Toward a biochemical classification of depressive disorders, V: Heterogeneity of unipolar depressions**  
The authors found that the mean urinary level of 3-methoxy-4- hydroxyphenylglycol (MHPG) was significantly lower in 20 patients with bipolar manic-depressive or schizoaffective depressions than in either 50 patients with unipolar depressions or 26 age- ...  
TOPICS: Mood Disorders  
American Journal of Psychiatry April 1982, Vol. 139, No. 4, pp. 471 - 475

April, 01 2006  
**Depression, depressive symptoms, and depressed mood among a community sample of adolescents**  
Using a structured interview, the authors found that the prevalence of major depression and dysthymic disorder was 4.7% and 3.3%, respectively, in a community sample of 150 adolescents. All of the adolescents who met the criteria for major depression and ...  
TOPICS: Child / Adolescent Psychiatry

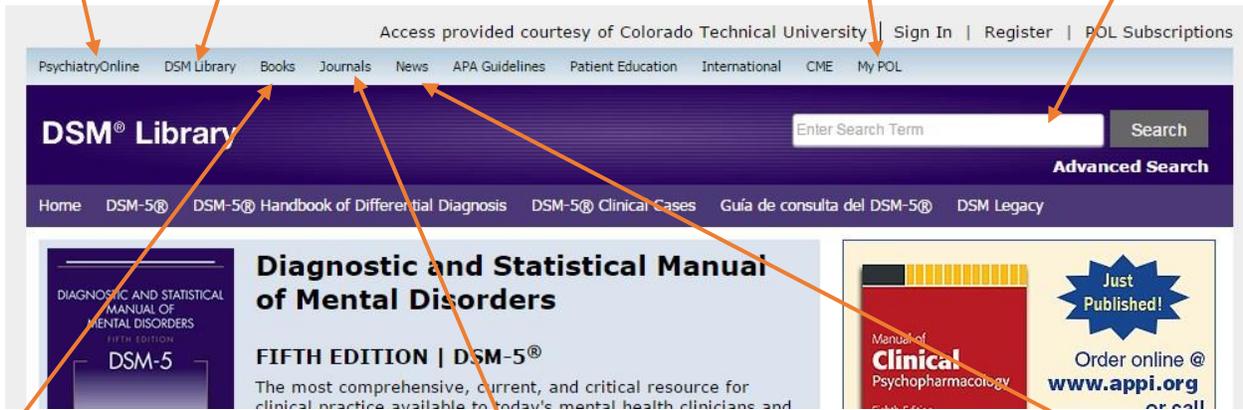
But wait, there's more! The DSM Web site also includes books and journals on various psychology topics. Click on the options in the light blue toolbar to explore.

Click on *PsychiatryOnline* to get an overview of the works that are available.

*DSM Library* links to the DSM-5.

Create a free registration on *MyPOL* to save your searches and articles and to create search notifications.

All of this content is searchable using the search box in the purple toolbar.



*Books* include textbooks and all other resources on all aspects of psychiatry. To see the complete list, mouse over *Books*, and click on *More Books* at the very bottom of the list.

*Journals* link to full-text articles from the following:

- The American Journal of Psychiatry
- Psychiatric Services
- The Journal of Neuropsychiatry & Clinical Neurosciences
- FOCUS: The Journal of Lifelong Learning in Psychiatry

*News* opens the American Psychiatric Association's *Psychiatric News* with current articles on all aspects of the field.

*APA Guidelines* links to information about the American Psychiatric Association Practice Guidelines.

*Patient Education* links to books of use for assisting patients.

*International* links to various journals on psychiatry on the global scale (most not in English).

*CME* provides study guides to the APA's continuing education classes. This content is not part of our subscription.