**Case Studies**

**Patient 1**

The patient is a 16-year-old female African-American who presents to the clinic for contraception through the insurance of her mother’s company. Her mother states, “I found her half-naked with a boy from the neighborhood, and I want to make sure she isn’t going to get pregnant.” The patient appears in good health and is pleasant. When asked about her priorities for her visit, the daughter answered, “I know that I don’t want to get pregnant right now. I am also scared about STDs.” The daughter denies prior sexual intercourse but admits to “fooling around.” She is a junior in high school and plans on going to either a cosmetology or nursing school after she graduates.

Vitals: Ht: 62in, Wt: 75kg, BP: 128/89, P: 88

Urine HCG: Neg

G0P000

LMP: 2 weeks ago?

Menses character: Q 22–28 days, lasts 5 days, heavy with clots + cramping

Pertinent MHx: Asthma as a child

Surg Hx: Appendectomy at age 11

Denies Hx of abuse, recent or remote

Fam Hx: Mother (Living): HTN, COPD \*Smoker, Father (Living): DM II \*Smoker, Mat Aunt: CVA at 33

Social: Single, student, smokes 1–2 cigarettes per week, denies ETOH, illicit drug use

No medications

NKDA

**Patient 2**

The patient is a 44-year-old of Pacific Islander descent who presents to the office for contraception after the vaginal delivery of her last child 8 weeks ago. She had Paragard in the past and complained of heavy bleeding and cramping. She had it removed and became pregnant soon thereafter. She would like convenience and reliability because she has four children at home and is not planning on any further children. She is no longer breastfeeding.

Vitals: Ht: 64in, Wt: 65kg, BP: 144/93, P: 67

G5P4014

LMP: Prior to pregnancy

Menses character: Heavy w/ clots, pain, intramenstrual bleeding (Had Paragard IUD)

Pertinent MHx: HTN diagnosed prior to last pregnancy, hypothyroidism, migraines w/o aura

Surg Hx: Wisdom tooth extraction x4 (1995), D&C for missed abortion (2016)

Fam Hx: Mother (Deceased): Ovarian cancer, Father (Living): HTN, CABG at 65 years old. Sister: HTN

Social: Married, homemaker, denies ETOH, tobacco use, illicit drugs

Admits to Hx of abuse, remote; Is safe now

Medications: Labetalol 200 mg 1 tab BID, Synthroid 112 mcg 1 tab daily, Ibuprofen 600 mg PRN for headaches.

Allergies: Latex (Rash), PCN (anaphylaxis)

**Patient 3**

The patient is a 38-year-old Caucasian woman who presents tearfully to the office. She states, “My husband is going to leave me because I just don’t want to have sex anymore. I love him and find him attractive, but I just don’t want sex. He tries to initiate it, and then gets angry when I am not into it. I want to *want it*,but I just don’t! I’m tired from work, kids, and life. When I do force myself to have sex, it is dry, painful, and I rarely have an orgasm, which makes me want to have sex even less. Am I broken?”

Vitals: Ht: 67in, Wt: 63kg, BP: 113/65, P: 73

G4P3013

LMP: 1 month ago

Menses character: Q 26 days, lasts 3–4 days, light flow, minimal pain

Contraception: Partner had tubal ligation 3 years ago

Medical Hx: Seasonal allergies, Hx of eating disorder, anxiety (current)

Surg Hx: Surgical termination (D&C) at 16 years old, Caesarean section 2 (2010, 2012), Rt labrum repair (2015)

Fam Hx: Non-contributory

Social: Married, employed as a lawyer, socially drinks 2–3 alcoholic beverages per week, denies tobacco use, illicit drugs

Denies Hx of abuse, recent or remote

Medications: Zoloft 100 mg 1 tab daily, Women’s Multivitamin 1 cap daily

Allergies: KNDA

**Patient 4**

The patient is a 22-year-old Latino who presents to the clinic to discuss contraception and menstrual suppression. She uses the pronouns *they* and *them*. She explains to be sexually active with both male and female partners and would like a reliable contraception method but would also like to suppress her menstrual cycle as she feels “out of my body when I’m on my period, like it is not my own,” She recently found out that they will be losing insurance coverage due to lack of parental support. The patient works part-time and is in school.

Vitals: Ht: 64in, Wt: 52kg, BP: 121/68, P: 70

G0p0000

LMP: 2 weeks ago

Urine HCG: Neg

Menses character: Q 29 days, lasts 5–7 days, moderate flow, minimal pain

Contraception: Condoms with male partners

Medical Hx: Bronchitis, anxiety, depression (situational)

Surg Hx: Tonsillectomy and adenoidectomy at 5 years old

Fam Hx: Mother (Living): Unknown bleeding disorder, bipolar disorder, Father (Living): HTN, hyperlipidemia

Social: Single, student, employed at campus library, denies ETOH, tobacco use, illicit drugs

Medications: None

Allergies: KNDA

**Patient 5**

The patient is a 36-year-old female patient of Caribbean descent who was brought to the clinic by her partner for an exam. She is tearful and avoiding eye contact as her partner asks the medical assistant to, “Make sure she hasn’t been sleeping around.” The partner follows the patient into the bathroom and is heard yelling from outside the hallway. The medical assistant separates the patient from her partner in the exam room, citing privacy, and has her change into an exam gown. When you enter the room, the patient is quiet, avoiding eye contact, and winces when you offer a greeting. You note bruises on her upper arms and dark “hickey” marks on her neck. The patient states, “My boyfriend doesn’t like that I work and thinks that I am cheating on him when I go there. He is making me come in for some kind of test to make sure that I haven’t had sex with anyone else but him. He is really protective of me. He said that if I don’t pass this test, he will kick me out of the house. Do you have a test like that?” On exam, you note foul vaginal discharge and bruises of varying age on inner thighs and buttocks.

Vitals: Ht: 66in, Wt: 67kg, BP: 151/78, P: 80

G1p0010

LMP: 1 week ago

Urine HCG: Neg

Menses character: Q 32 days, lasts 5–8 days, heavy flow, moderate pain

Contraception: Withdrawal

Medical Hx: Asthma

Surg Hx: Ectopic pregnancy: Rt salpingectomy (2012)

Fam Hx: Mother (Deceased): Unknown reason, Father (Living): HTN, COPD

Social: Single, employed as a dispatcher at cable company, denies ETOH, tobacco use, illicit drugs

Medications: None

Allergies: Hydrocodone (vomiting)